What Youth are Saying about Moving!

excited at the same time." "Nervous, but

"Honestly, overwhelmed. Alone. Why can't I go back. Why'd I have to move here?"

"I wanted to know who was there, what was there, where to go, and why it could be enjoyable"

"What was it like? Is it really as cold as I hear?"

"Scared, nervous, worried that I wouldn't make many friends'

P.A.L.S. program is a collaborative effort of the GFAFB School Liaison Office and the Youth Center



Contact:

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Mission

"To provide transitioning military youth up-to-date information about the Grand Forks community, offer emotional support and encourage same-age peer relationships to promote a smooth move."



Goals

- Help other military youth
- Provide positive feedback
- Promote friendship connections
- Support peer questions

Youth Sponsorship Program

Are you between the grades of 4-12?

Have questions about your new community?

Would you like to know what there is to do here in Grand Forks, North Dakota?

Stop wondering and get the answers you want! To get started in the Youth Ambassador Sponsorship Program, and be paired with a youth your age, follow these simple steps:

 Access the Sponsorship Request Form along with the Parent Consent Form at:

www.grandforks.af.mil/library/schoolliason.asp

• Email or fax the completed form to the School Liaison Office at:

kelly.painter@us.af.mil or fax: 701-747-4171

Become a Sponsor

If being a sponsor to other military youth interests you... become a youth ambassador here at *Grand Forks AFB*, *North Dakota*.

Leadership benefits of being in the **P.A.L.S.** program include:

- Improved communications skills
- Expanded personal confidence
- Increased sense of resiliency
- Marked achievment for college applications & scholarships

