



Exceptional Family Member Program (EFMP) Resource Quick Guide

- **Behavioral Health Clinic** – The Behavioral Health Program consists of services provided by Mental Health, Alcohol and Drug Abuse Prevention and Treatment (ADAPT) Program and Family Advocacy that aim to help beneficiaries in managing a broad range of life events and promote health and wellness.
 - **Mental Health Clinic**- Currently the Mental Health clinic is open to provide in clinic services for all Active Duty members and their dependents (ages 18 and older). We provide Individual counseling, consultation, psychological assessments, crisis intervention, classes/workshops and referrals as necessary for beneficiaries to Tricare providers.
 - **ADAPT Program**- Currently ADAPT is only offering in clinic services for Active Duty members; however, family members are still provided referral services to community based treatments. We also provide a lending library for substance prevention and self-help for substance problems.
 - **Family Advocacy Clinic**- the Family Advocacy Program (FAP) is designed to promote the prevention, early identification, reporting and treatment of child abuse, neglect and domestic abuse through building healthy communities and prevention activities. FAP preserves family functioning in which abuse has occurred without compromising the health, welfare and safety of the victims.

319 Medical Group

Behavioral Health Services, Bldg 109, Rm 301 (next door to Physical Therapy)

Telephone: 701-747-4460 FAP 747-6806

Hours: M 0730-1630 T-F 0830-1630

- **School Liaison Office** – The school liaison officer will help identify, coordinate and obtain a variety of resources and services for Air Force family members who have physical, developmental, emotional, and/or intellectual limitations.

Contact: School Liaison Officer, kelly.painter@us.af.mil
Airman & Family Readiness Center, Bldg 207
Telephone: 701-747-4484

- **Exceptional Family Member Program (EFMP)** - The SNIAC process proactively identifies those family members who have special needs in order to coordinate family relocations. Air Force Exceptional Family Member Program (EFMP) implements DoD policy by providing assignment considerations for active duty sponsors where special medical and educational conditions of family members have been identified. Enrollment in EFMP is mandatory for active duty members where family member conditions are identified that meet enrollment criteria.

Contact: 319 Medical Group
TRICARE Office ,Bldg 109, Rm 618
Telephone-701-747-4576

- **New Parent Support Program** – Sponsored by Family Advocacy, the “New Parent Support Program” is a FREE service designed to help expectant and new (could be 2nd, 3rd, 4th,etc. baby/child) parents meet their challenging roles as mother, father, and family with support & education.

Contact: Behavioral Health Services Clinic within the Medical Group, Bldg. 109,
Telephone: 747-6806/4205

- **Military & Family Life Consultant Program (MFLC & CYB)** – If you are seeking help for broad range support due to issues related to deployments, war and reintegration. Free and confidential service are available to all military families, youth & children.

Adult Program Services (MFLC) – Airman and Family Readiness Center, Bldg 207
Telephone - 701-425-7130

Child & Youth Services (CYB) - Airman and Family Readiness Center, Bldg 207
Telephone – 701-934-1263

- **Eielson Elementary Preschool Special Needs Program** - The Preschool Special Needs classroom is for children with identified special needs due to a disability and also

needing specific goals and objectives to meet needs. The program is open to children three to kindergarten age.

Contact: Mari Weiss, Grand Forks Public School Special Education PSN Coordinator
Telephone: 746-2205 ext. 108

- **Air Force Aid Society** – The official charity of the United States Air Force. They support worldwide assistance to Airman and their eligible family members, sponsor educational assistance programs, and offer an array of base community enhancement programs.

Contact: Tom Slaughter @ 747-6489 or
Airman & Family Readiness Center @ 747-3241

- **Judge Advocate General (JAG)** – Provides legal assistance for eligible individuals, including the creation of wills and trusts, as well as educating parents on legal issues related to the special needs of their dependants.

Contact: 460 Steen Blvd, Suite 201
Telephone: 701-747-3606

- **Support Groups** – Various local support groups are available within the Grand Forks Community

Grand Region Parent Navigator Team – We work to strengthen North Dakota families, especially those with family members with special health care needs and disabilities, through a volunteer led leadership network.

Contact: Sherry Mullane (Team Leader) grandregionpnt@gmail.com
Telephone: 701-747-8733

TACA (Talk About Curing Autism) – TACA holds monthly meetings in many locations throughout the United States that feature educational speakers on important topics and allow family members to connect with one another and stay on top of the latest information in the autism world.

Contact: <http://www.tacanow.org/local-chapters/north-dakota/>
Janice Kern: Janice.Kern@tacanow.org

FEAT (Families for Effective Autism Treatment) - Support forum for meeting other parents and professionals caring for individuals on the Autism Spectrum Disorder.

Contact: Bob at 775-3308, or Jill at 772-4172

- **Youth Center** – The Youth Center’s provides program opportunities for youth ages 5-18 to develop their physical, social, emotional and cognitive abilities creating a community where military families are nurtured. The School Age Program is accredited through the Council On Accreditation (COA). Programs include: sports, classes, child care, teen/preteen events, open recreational activities, field trips and special event programming. We are also proud to be affiliated with the following organizations: Boys & Girls Clubs of America, 4-H, the National Alliance for Youth Sports, the National Youth Sports Coaches Association (NYSCA), and the United Way.

Contact: Telephone: 747-3151
Youth Center, bldg. 121

- **Child Development Center** – The Child Development Center is accredited through the National Association for the Education of Young Children (NAEYC). Serving children ages 6 weeks through 5years of age. Our program is responsible for supporting the development of the whole child. A curriculum framework and assessment is implemented and acknowledges that children learn through active, hands-on involvement with their environment, peers, and caring adults.

Contact: Telephone: 747-3042
Child Development Center, Bldg 168

- **Family Home Child Care** - – Family Child Care providers are recruited, trained and licensed through the FCC Office. Providers may care for up to 6 children. For more information on becoming licensed, or a FCC referral list for child care openings please

Contact: Telephone: 701-747-3158,
Family Child Care Office – A&FRC Bldg. 207