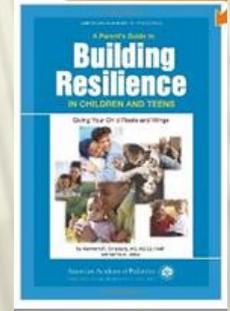




# BOOK STUDY

A PARENT'S GUIDE TO BUILDING  
RESILIENCE IN CHILDREN AND TEENS"  
AUTHORED BY DR. KENNETH R. GINSBURG

7 week study  
focusing on  
youth and how  
they deal with  
adversity.



- **Place:** Airman & Family Readiness Center (A&FRC)
- **Class Dates:** Tuesdays, Feb 5, 12, 19, 26 & Mar 5, 12, & 19.
- **Time:** 11:00-12:00.

Free copy of the book will be given to each session participant. A light snack will be provided. No childcare will be available. Space is limited to 15 people. Call the School Liaison Office at 747-4484 to register.

Leadership Pathways points will be awarded for participating!